



Clinic Outings

Clinic outings are extensive highly focused 2-hour skills and drills practice for beginner as well as seasoned sailors who desire more hands-on practice in specific areas of boat handling.

Although many of these topics are also included in our regular Sailing Outing classes, it is often difficult to predict in advance which topics will be covered during regular outings due to changes in weather, lesson plans and student mix for each class. For this reason, students find that clinics complement their regular training as they work to perfect specific skill sets. Several clinics have Beginner (I) as well as Advanced (II) and Senior (III) levels of instruction.

- Anchoring I/II/III
- Challenge Sail
- Crew Overboard I/II & Nighttime
- Dinghy Handling
- Docking I/II
- Heave-To-Reefing
- Maneuvering I/II
- Mooring
- Navigation -
Electronic, Coastal & Celestial
- Night Sail
- Sail Trim
- Senior Sail
- Skills & Drills
- Spinnaker

These clinics are an excellent way to advance or maintain your skills to ensure your enjoyment and safety.

If you require specialized training in areas not mentioned above, we welcome the opportunity to customize your training.

FOR RESERVATIONS

770-967-1515

Info@WindsongSail.com
www.WindsongSail.com



Windsong Sailing Academy

CLINICS Fee: \$79 pp

Schedule of dates is subject to change. Consult Web Calendar.

Anchoring I

Ideal anchorage selection, site survey, foredeck prep, deployment of anchor, trip line & sentinel, anchor watch tips & easy retrieval methods for ground tackle & safety devices.

- 04/05 10:00 am

Anchoring II

Multiple anchors: Bow/Stern, Bahamian & Mediterranean configurations.

- 05/31 3:00 pm

Anchoring III

Single handed anchoring "Solo", unassisted by other crew.

- 06/07 2:00 pm

Challenge Sail

Navigation & Operational challenges vary each time you participate.

- 11/08 3:00 pm

Crew Overboard Rescue I

(Man Overboard)

Assisted overboard rescue using Figure-8 & Deep Beam Reach maneuvers.

- 04/26 10:00 am
- 07/12 2:00 pm

Crew Overboard Rescue II

(Man Overboard)

Solo overboard rescue using Figure-8 & Deep Beam Reach maneuvers.

- 07/19 2:00 pm

Crew Overboard Rescue at Night (Man Overboard)

- 10/10 8:00 pm

Dinghy Handling

Assembly, inflation, stowing, boarding, towing, docking, departing and safety at anchor.

- 06/28 2:00 pm

Docking I

Assisted docking & departing in a variety of conditions for "Bow First" forward approaches.

- 04/12 10:00 am

Docking II

Solo docking & departing for "Bow First" forward approaches as well as assisted "Stern First" reverse approaches allowing for "Prop Walk", winds and currents.

- 06/14 2:00 pm

Heave-To-Reefing

Solo and Assisted safe boat maneuvering techniques for mainsail reefing.

- 04/19 10:00 am

Maneuvering I

Boat handling & tight quarters maneuvering including power turning and holding position against wind & current.

- 03/29 2:00 pm
- 08/02 2:00 pm

Maneuvering II

Boat handling & maneuvering including K-Turns in confined spaces, backing and use of prop walk & other advanced boat handling techniques.

- 08/23 2:00 pm

Mooring

Approaching, retrieving, securing and proper departures from moorings.

- 09/20 3:00 pm

Navigation—Electronic, Coastal_c (Day), _n (Night) & Celestial_c (Eve), _m (Noon)

Electronic GPS, Coastal Navigation & Celestial Navigation.

- CON_c 03/22 2:00 pm and 09/13 3:00 pm
- CON_n 04/18 8:00 pm and 09/26 8:00 pm
- CEL_c 04/13 7:00 pm, 09/28 6:30 pm
- CEL_m 05/04 12:00 pm
- GPS 10/11 3:00 pm

Night Sail

Route planning, orienting, operation & safety.

- 04/25 8:30 pm
- 09/12 8:30 pm

Sail Trim

Telltails, draft, chord, slot effect, & running rigging fine tuning.

- 11/15 3:00 pm

Senior Sail

Training oriented to reinforce intermediate & advanced proficiencies.

- 03/01 3:00 pm

Skills & Drills

Skills tuning clinic focused on precision, timed and advanced maneuvers.

- 03/08 3:00 pm

Spinnaker

Symmetrical spinnaker packing, set, douse, trim & gybing.

- 08/09 2:00 pm



Updated:01/11/25