



The Sailing Breeze

Newsletter

September 2013

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Student Testimonial from Paul Schoen

I have watched small boats turn over, power boats run out of fuel and expensive fiberglass grinding against docks, inebriated "maneuvering" and situations dangerously or poorly executed enough to make you just want to hide on land.

I have learned how to skillfully sail and enjoy the water safely with WindSong's courses and on-the-water outings. Takes longer and didn't have a "magic" date for certification you ask? Yes.

I sat down for each written and on-the-water exam and with *confidence* and *skill* receiving high praise from my



Captain Dave's Tips

"Fall and Winter Season Approaching"

Fall and winter are an awesome time for sailing. The motor boaters are off the water and the winds are kicking it up!

During cooler weather you'll need to know some clothing tips. With the proper clothing it's almost never too cold to go sailing thanks to the evolution of excellent cold weather gear for sailors.

Attire in cold weather needs to be in three layers. The layer closest to your skin needs to be something to wick the moisture away from your body. The second layer is your thermal layer which will keep you warm. Those two layers are protected by a third layer that will block the wind and water from the elements.

Your body is always perspiring no matter how cold it may be. The moisture usually evaporates unless layers of clothing trap the moisture. The trapped moisture cools you, but in the winter works against your goal to remain warm.

The first layer of clothing should wick the moisture away from your skin. The best materials to resist water retention are polypropylene and polyester. Cotton is one of the worst materials for staying warm on the water since it retains moisture and cools the skin.

Your middle layer is to keep you warm. This layer will trap and insulate warm air to your body. Air does not conduct heat very well and a good insulator is needed. The middle layer should move moisture away from your skin. Fleece and wool work great.

On cold days your hands and feet can get cold. Wind proof or rubber boots work well along with wool, polypropylene, or fleece socks. They will wick

examiners and only missed 3 questions in total on two ASA certification tests.

The Windsong instructors show you the real HOW and WHY of the various boats and changing weather conditions. Trust and give them the time to help you become skilled so that you can feel confident on the water. You will be able to relax and be an example of skill and not a hazard on the water!

SEPTEMBER

Ground Classes

(See Class Links Below)

Basic Coastal Cruising
9/30 & 10/2

Basic Sailing Theory
9/16 & 9/18

Celestial Navigation a
9/15 & 9/22

Celestial Navigation b
9/29

Celestial Navigation c
(On the Water)
9/29

Coastal Navigation a
9/24 & 9/26 & 10/1

Coastal Navigation b
9/8

Marine Meteorology
9/10 & 9/12

On the Water Clinics

Anchoring I
9/28

Dinghy
9/14

Docking II
9/14

away moisture from the skin and provide insulation.

Keeping your hands warm is more difficult since you need to use them when you sail. Warm weather sailing gloves are not the best suited against the cold. They retain moisture. A waterproof glove with a liner is best. Many of the waterproof gloves are made with rubber, and do not insulate as well so a good liner is crucial. Again you will find that polypropylene, wool, and fleece work best.

A hat is always a good idea for a cold day. Hats help block wind and retain a healthy amount of moisture. A fast drying hat is a good one and will retain the least amount of moisture.

There is great sailing year round when you take proper safety precautions. Georgia is not typically as cold as other places and climates and yet we still get cold enough that we need to take proper and adequate precautions

Come on out and join us this fall and winter sailing season and enjoy the wonders.

Upcoming Events...

SUNSET CRUISE with Special Guest... **Bill Kahler - Musician, Singer, and Songwriter**

Saturday, September 7

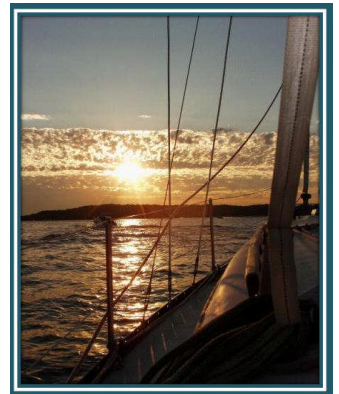
5:00 pm - 9:00 pm

Enjoy the companionship aboard this relaxing sunset sail!

Light snacks and soft drinks provided to complete your special evening on the water.



Joining us this evening is ***Bill Kahler*** who will entertain us with some wonderful acoustical tunes as we sail along Lake Lanier and watch the sunset for the evening. ([Read more...](#))



A great way to introduce a non-sailor to the joys of sailing.

\$75.00 per person \$95.00 per couple

Crew Overboard
9/7

Sail Trim
9/7

Night Sail
9/27

On-the-Water Training
Every Weekend!

YEAR ROUND!!!



GREAT ESCAPE

In Search of Brown's Bridge!

Saturday, September 28

5:00 pm - 8:00 pm

Grab your family, friends, or significant other for this delightful cruise.

Great Escapes are 3 hour daytime themed sailing outings where participants pack or purchase a brown bag meal to enjoy while leisurely sailing along the shores of Lake Lanier.

The theme for this trip is **IN SEARCH OF BROWN'S BRIDGE**. Sail to one of Lanier's deepest bridge castings while hearing stories of lake history and lore.

\$75 per person or \$95 per Couple

Reserve your Great Escape today!

[GIFT CERTIFICATES!!!](#)

(See Link Above for Package Choices)

Tips and Reminders!



Do You Know About Our Jump Seats?

Some of our boats and certain outings offer "jump seats" to anyone accompanying a full paying student during an "Instructional Outing". Jump seat reservations are available on a first requested, first assigned basis and are FREE for the first trip and only HALF PRICE thereafter.

A Jump Seat is an aft seating area for an accompanying guest. The guest experiences sailing but is not required nor permitted to participate in the instruction or crew positions and rotations.

The arrangement is ideal for friends, spouses, children (over 12) or others who'd enjoy spending the time on the lake accompanying a student. A Jump Seat is only applicable to "Instructional Outings" and not Sunset Cruise or other "Recreation" outings.

This is a really great way to introduce family and friends to sailing.

DON'T FORGET...



MIDWEEK - DAY OUTINGS!

Friday, 9/6
10:00 am - 12:00 pm

Wednesday, 9/11
11:00 am - 1:00 pm

Friday, 9/13
11:00 am - 1:00 pm

Friday, 9/27
11:00 am - 1:00 pm

MIDWEEK - EVENING

OUTINGS!

**Wednesday, 9/4
6:00 pm - 8:00 pm**

Quick Links

Like us on Facebook 

www.Windsongsail.com

[PDA Calendar](#)

[Calendar](#)

[Class Information](#)

[Directions](#)

[Guidelines for Participation](#)

[Frequently Asked Questions](#)

[Gift Certificates](#)



We value your loyal patronage and strive every day in every way to continue to earn the opportunity to serve you. You deserve the best that we can offer and are the reason we come to work each day.

See you on the water....

Sincerely,

Dave Crumbley
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Windsong Sailing Academy

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